



Formative DOPyS: Colonoscopy and Flexible Sigmoidoscopy

Date of procedure					
Trainee name			Membership no. (eg. GMC/NMC)		
Trainer name			Membership no. (eg. GMC/NMC)		
Polyp type	Stalked		Small sessile		lesion/EMR
Please tick appropriate box					
Polyp site		Polyp size	(mm)		
Difficulty of case	Easy Moderat		derate		Complicated
Please tick appropriate box					

Level of supervision Complete DOPyS form by ticking box to indicate the appropriate level of supervision required for each item below. Constructive feedback is key to this tool assisting in skill development. Optimising view of / access to the polyp views and position Chooses appropriate polypectomy technique Photo-documents pre and post polypectomy Comments Stalked polyps Stalked polyps Stalked polyps Stalked polyps Stalked polyps Stalked polyps Advances snare accurately over polyp head Correctly selects en-bloc or piecemeal removal depending on size Advances snare sheath towards stalk as snare Maximal supervision Trainee undertakes tasks requiring frequent sundertakes tasks requiring frequent and supervision interpolation. Trainee undertakes tasks requiring frequent prompts or prompts Optimising view of / access to the polyp Optimising view of					_	
Complete DOPy5 form by ticking box to indicate the appropriate level of supervision required for each item below. Constructive feedback is key to this tool assisting in skill development. Optimising view of / access to the polyp Achieves optimal polyp views and position Determines full extent of lesion Adjusts/stabilises scope position Chooses appropriate polypectomy technique Checks equipment and snare closure prior to insertion Checks appropriate diatherus yettings Uses appropriate polypectomy settings Uses appropriate polypectomy technique Photo-documents pre and post polypectomy Comments Stalked polyps Selects appropriate snare size Directs snare accurately over polyp head Correctly selects en-bloc or piecemeal removal depending on size Advances snare sheath	Level of supervision		_			
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Directs snare accurately over polyp head Correctly selects en-bloc or piecemeal removal depending on size Advances snare sheath	Selects appropriate					
over polyp head Correctly selects en-bloc or piecemeal removal depending on size Advances snare sheath	snare size					
Correctly selects en-bloc or piecemeal removal depending on size Advances snare sheath	Directs snare accurately					
or piecemeal removal depending on size Advances snare sheath						
depending on size Advances snare sheath	=					
Advances snare sheath	or piecemeal removal					
	depending on size					
towards stalk as snare	Advances snare sheath					
	towards stalk as snare					
closed	closed					

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Level of supervision	Maximal	Significant	Minimal	Competent	Not
	supervision	supervision	supervision	for	applicable
	Super vision	Super vision	Super vision		аррисавіс
				independe	
				nt practice	
Places snare at					
appropriate position on					
the stalk					
Mobilises polyp and					
applies appropriate					
degree of diathermy					
Comments					
Sn	nall sessile lesi	ions / Endosco	pic mucosal re	esection	
Adequate sub mucosal					
injection					
Checks lesion lifts					
adequately					
Selects appropriate					
snare size					
Directs snare accurately					
over the lesion					
Correctly selects en-bloc					
or piecemeal removal					
depending on size					
Appropriate positioning					
of snare over lesion as					
snare closed					
Tents lesion gently away					
from the mucosa					
Uses cold snare					
technique or applies					
appropriate diathermy					
Ensures adequate					
haemostasis prior to					
further resection					
Comments					
		Post polypect	tomv		
Examines remnant					
stalk/polyp base					
Identifies and					
appropriately treats					
residual polyp					
Identifies bleeding and					
performs adequate					
endoscopic hemostasis					
if appropriate					
Retrieves, or attempts					
retrieval of polyp					
restrictation polyp					

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Level of supervision	on	Maximal supervision	Significant supervision	Minimal supervision	Competer for independent nt practice	applicable e
Places tattoo						
competently, whe	ere					
appropriate						
Comments						
		ENTS /	endoscopic non-t	ochnical skills)		
Communication a	nd	EN13 (Huoscopic Hon-i		1	
teamwork	iiu					
Situation awarene	ess					
Leadership						
Judgement and de	gement and decision					
making	_					
Comments	Comments					
Learning Objectives for the next case						
	The objectives should be added to the trainee's personal development plan (PDP) once DOPS is completed					mpleted
1.						
2.						
3.						
Overall	Maximal		Significant	Minimal		ompetent for
Degree of	Supervision		Supervision Supervisi			ndependent
Supervision	Supervisor undertakes the majority of the		Trainee undertakes tar requiring frequent	sks Trainee under requiring occa	P	ractice
required	tasks/de	cisions & delivers verbal prompts	supervisor input and verbal prompts	supervisor ing verbal promp	input and	
Please tick appropriate box						





DOPyS form descriptors

	Optimising view of / access to the polyp
Achieves optimal	Ensures clear views by aspiration/insufflation/wash and maintains optimal polyp
polyp views and	position (5-6'0'clock). Takes appropriate action for position correction and clear
position	views throughout the procedure.
Determines full	Demonstrates assessing and determining full extent of the lesion using adjunctive
extent of lesion	measures (e.g. bubble breaker, NBI, dye spray etc.) as appropriate
Adjusts/stabilises	Ensures the scope is maintained in a stable position if needed involving an assistant
scope position	to hold the scope for stable platform before polypectomy
Chooses	Chooses appropriate polypectomy technique safely without errors taking into
appropriate	account size, morphology, site and access (SMSA concept)
polypectomy	
technique	
Checks	Ensures the appropriate equipment (e.g. injection, forceps, snare, clips, rothnet etc.)
equipment and	are available and functioning. Ensures the snare is marked appropriately in the
snare closure	handle before attempting insertion.
prior to insertion	
Checks	Ensures the diathermy settings are appropriate for the techniques used and no
appropriate	contraindication for diathermy. Ensures the diathermy is available and functioning.
diathermy	Ensures pads are attached and foot pedal accessible.
settings	
Photo-documents	Ensures accurate photo-documentation pre and post polypectomy
pre and post	
polypectomy	
	Stalked polyps
Selects	Demonstrates ability to always choose correct snare size appropriate to the polyp.
appropriate snare	
size	
Directs snare	Demonstrates ability to use angulation controls, torque to steer snare over polyp
accurately over	head accurately and appropriately.
polyp head	
Correctly selects	Demonstrates ability to judge and correctly select en-bloc or piecemeal removal of
en-bloc or	the polyp depending on its size
piecemeal	
removal	
depending on	
size	
Advances snare	Ensures that snare sheath is advances slowly and in a controlled fashion towards the
sheath towards	stalk as the snare is closed
stalk as snare	
closed	
Places snare at	
appropriate	Ensures that snare is appropriately placed midway between polyp head and stalk
	Ensures that snare is appropriately placed midway between polyp head and stalk base
position on the	
position on the stalk	
position on the stalk Mobilises polyp	Ensures that appropriate amount of tissue is snared and the polyp stalk is mobile.
position on the stalk Mobilises polyp and applies	Ensures that appropriate amount of tissue is snared and the polyp stalk is mobile. Ensures that the polyp stalk tents away from mucosa towards the contralateral wall.
position on the stalk Mobilises polyp	Ensures that appropriate amount of tissue is snared and the polyp stalk is mobile.

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	Small sessile lesions / endoscopic mucosal resection
Adequate sub	Demonstrates accurate injection(injection at 45 degree and gradual withdrawal as
mucosal	lesion lifts) of the submucosa maintaining excellent views of the lesion
injection	
Checks lesion	Ensures and checks that lesion is lifting adequately and only proceeds if lesion lifts
lifts adequately	adequately.
Selects	Demonstrates ability to always choose correct snare size appropriate to the polyp.
appropriate	
snare size	
Directs snare	Demonstrates ability to use angulation controls, torque to steer snare over lesion
accurately over	accurately and appropriately.
the lesion	
Correctly selects	Demonstrates ability to judge and correctly select en-bloc or piecemeal removal of
en-bloc or	the polyp depending on its size.
piecemeal	
removal	
depending on	
size	
Appropriate	Demonstrates ability to position snare appropriately over lesion as snare is closed.
positioning of	
snare over lesion	
as snare closed	
Tents lesion	Ensures no additional tissue is trapped within snare by checking snare marking and
gently away from	tenting lesion away from mucosa mobilising the snare
the mucosa	
Uses cold snare	Demonstrates ability to judge and use cold snare technique or Demonstrates
technique or	application of appropriate degree of diathermy with no evidence of contra-lateral
applies	burns or cutting through too quickly causing bleeding.
appropriate	
diathermy	
Ensures	Demonstrates checking for bleeding and always ensures adequate haemostasis is
adequate	achieved before further resection
haemostasis	
prior to further	
resection	
	Post polypectomy
Examines	Demonstrates examining remnant stalk/polyp base thoroughly to check for bleeding
remnant	and any residual polyp tissue
stalk/polyp base	
Identifies and	Ensures that any residual polyp is identified and appropriately resected or treated (
appropriately	e.g. APC)
treats residual	
polyp	
Identifies	Demonstrates identification of bleeding and ensures appropriate treatment method
bleeding and	(e.g. clips, APC etc.) are applied adequately to ensure endoscopic haemostasis.
performs	
adequate	
endoscopic	
hemostasis if	
appropriate	
Retrieves, or	Ensures polyp retrieval using appropriate method (e.g. forceps, snare, rothnet etc.)
attempts	according to size of polyp. Demonstrates checking for complete removal of polyp
retrieval of polyp	tissue and confirms retrieval with endoscopy staff

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Page 5 of 6





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Dia t - tt	Description believes a state of the control of the
Places tattoo	Demonstrates ability to use tattoo in appropriate setting. Ensures raised bleb before
competently,	switching to appropriate ink and places appropriate number of tattoos
where	
appropriate	
	ENTS (endoscopic non-technical skills)
Communication	Gives and receives knowledge and information in a clear and timely fashion.
and teamwork	Ensures that both the team and the endoscopist are working together from the
	same information and understand the 'big picture' of the case.
	Ensures that the patient is at the centre of the procedure, emphasising safety,
	comfort and giving information in a clear and understandable fashion
Situation	Maintains continuous evaluation of the patient's condition.
awareness	Ensures lack of distractions and maintains concentration, particularly during difficult
	situations.
Leadership	Provides emotional and cognitive support to team members by tailoring leadership
	and teaching style appropriately.
	Supports safety and quality by adhering to current protocols and codes of clinical
	1
	practice.
	Adopts a calm and controlled demeanour when under pressure. Utilising all
	resources to maintain control of the situation and taking responsibility for patient
	outcome.
Judgement and	Considers options and possible courses of action to solve an issue or problem,
decision making	including assessment of risk and benefit.
	Chooses a solution to a problem, communicates this to team members and
	implements it
	Povious outcomes of procedure or entions for dealing with problems. Deflects on
	Reviews outcomes of procedure or options for dealing with problems. Reflects on
	issues and institutes changes to improve practice